

Depression Scale Screen

Name: _____ Date: _____ Date of Birth: _____

Instructions:

Each answer counts one point.
Total score greater than five indicates probability depression.

Issues:

The GDS is a screening tool and not a diagnosis. Where a score of more than five is indicated, a more thorough clinical investigation should be undertaken.
Feher et al. have concluded that the GDS is a generally valid measure of the mild-to-moderate depressive symptoms in Alzheimer patients with mild-to moderate dementia.

No:	Questions:	Answers:	
1	Are you basically satisfied with your life?	Yes/No	
2	Have you dropped many of your activities or interests?	Yes/No	
3	Do you feel that your life is empty?	Yes/No	
4	Do you often get bored?	Yes/No	
5	Are you in good spirits most of the time?	Yes/No	
6	Are you afraid that something bad is going to happen to you?	Yes/No	
7	Do you feel happy most of the time?	Yes/No	
8	Do you feel helpless?	Yes/No	
9	Do you prefer to stay at home, rather than go out and do things?	Yes/No	
10	Do you feel that you have more problems with memory than most?	Yes/No	
11	Do you think it is wonderful to be alive right now?	Yes/No	
12	Do you feel pretty worthless the way you are now?	Yes/No	
13	Do you feel full of energy?	Yes/No	
14	Do you feel that your situation is hopeless?	Yes/No	
15	Do you think that most people are better off then you are?	Yes/No	
Total Score			

The right hand column shows test answers which are positive for depression. When a score of more than five is indicated, a more thorough clinical investigation should be undertaken.

Circle One:

- I am **able / not able** to dress, groom, toilet independently.
- I **do / do not** have a hearing impairment.
- I **do / do not** feel safe at home.
- I **do / do not** wish to be resuscitated.
- I **do / do not** have a living will.
- I **do / do not** have a power of attorney.
- I have fallen at least once in the past year **YES NO**
- If yes how many times in the past year? _____

Physician Signature

Date